

# CLEAR ALIGNERS

Clear Aligners are an excellent way to achieve your new beautiful smile in the most simple and discrete way. With the latest 3D technology your Orthodontist designs a series of smooth, form-fitting removable plastic aligners that gently apply pressure to your teeth and guide them into position.



## HOW YOUR TREATMENT PLAN IS MADE

1

### 3D TOOTH SCAN AND CUSTOMIZING YOUR SMILE DESIGN

A 3D tooth scan will be taken of your teeth. Your Orthodontist works carefully to virtually custom design your new smile. Your aligners are then manufactured following this treatment prescription and shipped to our office.



2

### KEEPING YOUR TEETH STRAIGHT FOR LIFE

An appointment is scheduled in our office to issue your aligners, bond attachments to your teeth and begin wearing your elastics. At this appointment you will be introduced to Dental Monitoring. Dental monitoring is orthodontic technology that is compatible with your smartphone. You take photos of your teeth using the software. The images then get sent to your Orthodontist who checks how your teeth are moving and gives you instructions to ensure your treatment remains on track.

3

### STARTING YOUR CLEAR ALIGNER JOURNEY

To ensure you can enjoy your new smile for the rest of your life, we provide you with upper and lower bonded retainer wires, which are bonded with tooth coloured dental resin on the inside surfaces of your six front teeth. Clear thin, removable night time retainers are also custom-fabricated to hold the rest of your teeth in alignment.



## PERKS

- Keep enjoying your favourite foods.
- Almost invisible compared with braces.
- You get the same perfect smile.
- Remotely recording your tooth movements and communicate with your orthodontist through your smart phone. This means less time in the office and more time doing the things you love.
- No hassle of brackets and wires breaking

## WEARING YOUR ALIGNERS

We recommend wearing your aligners for 22 hours per day and on average changing into your next aligner weekly. Your appointments in our office will be every 12 - 15 weeks.



## ATTACHMENTS & ELASTICS

Invisalign attachments are a series of small, clear ridges bonded on to certain teeth to help engage the aligner and ensure the teeth move effectively. The attachments remain on the teeth for the duration of treatment and are then gently polished right off on completion. Without the aligners in, the attachment bumps are virtually invisible.

Your treatment may also require the use of elastics to correct the biting relationship between the upper and lower teeth. The elastic bands are clear latex material and can be worn full time or at night, depending on your bite.

