



Medland
ORTHODONTICS

ELASTICS



WHAT THEY DO

Elastics are the only way to correct the way your teeth bite together!



CONSISTENT ELASTIC WEAR

Means shorter treatment time!



REMINDER

On the left is a quick reminder of how to wear your elastics.



EATING & BRUSHING

Remove only when eating food and brushing your teeth. Replace with new elastics immediately after!



NEW ELASTICS

Replace with new elastics at least 4-5 times a day. This ensures they remain active as you wear them.

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