

RISKS AND BENEFITS

Experience the Medland difference and discover the confidence that comes with straight teeth for life and a beautiful smile!

GENERAL DENTIST MAINTENANCE:

Before orthodontic treatment is started, your teeth should be cleaned and any cavities restored by your general or family dentist. We will assist you in improving your oral hygiene technique, however, regular visits to your dentist at six month intervals or as recommend by your dentist are important. This will ensure your teeth remain healthy during your orthodontic treatment.

ESTIMATED TIME OF TREATMENT:

We always provide a conservative estimate of how long you will need braces, aligners, or an orthodontics appliance. The estimate provided is an average of expected treatment time. However, orthodontic movement and growth depends on the individuals. It is impossible to know in advance the exact length of time required for your treatment. If braces, aligners, or appliances aren't worn as recommended, braces are broken, or orthodontic appointments are missed, then treatment time may be extended as a result.

APPOINTMENTS

We value your time and we do our best to schedule appointments so that you will not be kept waiting once you arrive at our practice. We realise that your time is important and we do our best to stay on time.

Occasionally, unforeseen delays can occur where a person has suffered dental trauma and the damaged dental appliance must be repaired as a matter of urgency. We always want your orthodontic appliance to be comfortable and providing you with the best care is our goal. In these instances, we appreciate your patience.

WHAT SETS MEDLAND ORTHODONTICS APART?

- Our goal is to make your teeth perfect, not just straighter!
- We use bonded retainers on the inside of your top and bottom front teeth to guarantee that after treatment your teeth will stay straight for life. We're interested in long term results (in the shortest time possible). You won't find more effort made to retain straightness of your teeth anywhere else in Australia!
- We have an experienced lab technician, who is located on-site to provide rapid turnaround for your treatment.
- We've been operating on the Gold Coast since 1989, now seeing some of our first patients' children!
- Our cost includes the whole treatment recommended. We provide Australia's most flexible and interest free payment plans so that the highest quality treatment is available to everyone.
- The Orthodontist's after hours contact numbers are available so you can always access emergency assistance.
- We use the most advanced diagnostic technology, including low dose digital x-rays to ensure accurate treatment.
- We use the very best materials during treatment to achieve the best long term results, often with shorter treatment time and fewer visits.
- Your orthodontic treatment is far too important to have anything less than the best.

RISKS AND BENEFITS

While recognising the benefits of healthy teeth and a great smile, you should also be aware that orthodontic treatment has limitations and potential risks. Fortunately, these are rare, but nevertheless, they should be considered when making the decision to undergo orthodontic treatment.

We find that by keeping you informed on how our treatment works and how your teeth are moving during your treatment, we can achieve a collaborative successful outcome - team effort always works best. With this in mind, we would like to advise you of the benefits and risks of orthodontic treatment and would be happy to discuss in more detail any questions you may have after reading the following.



In order to prevent tooth decay, gum disease and permanent markings (decalcification) on the teeth during orthodontic treatment we advise against consuming food and drinks with excessive sugar. We also recommend frequent tooth brushing after all meals, and flossing once a day. If you do consume sugary foods, drink plenty of water while eating so the sugar doesn't stick to your teeth. Inflammation of the gums and loss of the supporting bone can occur if bacterial plaque is not removed daily with good oral hygiene. These same problems can occur without orthodontic treatment, but the risk is greater while undergoing orthodontic treatment.



It's very uncommon for this to occur, but some people may also find that the length of the roots of their teeth shorten during orthodontic treatment. This is called root resorption. Some people are prone to this happening but most are not. Usually this does not have significant consequences, but on rare occasions, it may threaten the longevity of the teeth involved.



Occasionally problems may occur in the jaw joints causing joint pain, limited opening, headaches or ear problems. Stress and trauma (usually caused by accidents) are major contributing factors in jaw joint problems. The scientific literature demonstrates that orthodontic treatment plays a neutral role with regard to jaw joint problems. In other words, these problems may occur with or without orthodontics. However, if any of the above symptoms are noticed, please let us know straight away.



Teeth may have a tendency to change their positions after treatment. This is usually only a minor change and faithful wearing of retainers should reduce this tendency. Throughout your life, your bite can change for the worse (or for the better) from causes such as growth and/or maturational changes (i.e. teenage growth spurt,) which are out of the control of the orthodontist.



The total time required to complete treatment may exceed the initial assessment at the start of your treatment. The time of treatment given is an estimate only. Excessive or deficient bone growth, poor cooperation in wearing the appliance (and/or elastics) the required hours per day, poor oral hygiene, broken braces or appliances and missed appointments can lengthen the treatment time and affect the quality of the end result.

OUR COMMITMENT TO YOU - STRAIGHT TEETH FOR LIFE WITH A BEAUTIFUL SMILE.

At Medland Orthodontics we have a simple and straightforward approach to orthodontic care and have built our practice around the golden rule 'do unto others as you would have them do unto you.' We practice orthodontics with exactly that in mind. That's why we provide treatment for so many dentists' families on the Gold Coast. We think that says a lot about the quality of the care we provide and how well regarded we are by the people who know great orthodontic treatment best - other dentists. Our focus is on quality and treatment that will last a lifetime.

We care about your experience with us as much as the quality of care you receive. We provide a friendly and helpful atmosphere and are always available to answer your questions.

Let our reputation for excellence give you and your family beautiful, confident smiles.